

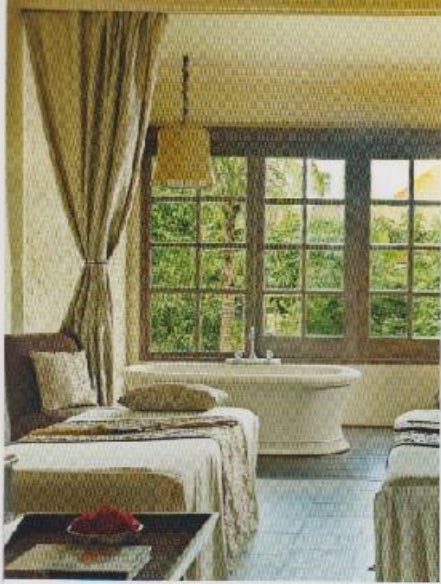


good wine and  
good food at vin+

escape  
to ceningan

## designing bali

decoration ideas for your dream pad



### DaLa Spa at Alaya Ubud

Jl. Hanoman, Ubud

T: +62 361 972 200

www.dalaspaspa.com

Daily 9am-9pm

### place

Seeing the charming combination of Victorian furniture and rustic accents with a dash of traditional Indonesian features, I knew immediately that the talented Zohra Boukhari had a role in the creation of DaLa Spa in Ubud. Step into the semi-open lounge where the lobby, spa terrace and the Organic Spa Dining are located, and see how European ornaments like crystal chandeliers

treats

# dala spa

and Victorian chairs blend perfectly with Balinese bamboo railing and the herbal pantry where the ingredients are made. The nice surrounding view is a cool bonus.

### treatments

DaLa Spa offers treatments inspired by age-old Indonesian rituals. Try the delicately elaborate Island Cocoon (Rp.945,000) or the Bunga Rampai Ritual (Rp.845,000). My personal favourite is the lush and sweet Manis Klepon (Rp.845,000), inspired by the traditional Indonesian snack, *klepon*, made from glutinous rice flour, coconut, *pandan*, and palm sugar. It starts with the DaLa foot ritual, then you're off for an indulging scrub using grated coconut and palm sugar. Afterwards the body mask uses pandanus leaves, and the flower bath uses seven flowers including hydrangea, frangipani and *kenanga*. Finally there is the muscle-melting Balinese massage. The closure is naturally something sweet to munch on, *klepon*.

### ingredients

DaLa Spa uses only natural, freshly made ingredients, especially for the scrubs. For some of the treatments, you can actually watch your scrub being prepared in the pantry. While my favourite treatment uses *klepon* ingredients, The Island Cocoon uses corn, and the Bunga Rampai Ritual uses *kenanga* and jasmine.

### in a nutshell

Maybe it's too soon to commit, but I love the spa! The interior is so pretty you can't help but take pictures of every trinket. The service is excellent with friendly and helpful therapists who make you feel so utterly comfortable, and the treatments are perfectly unique. After the treatment, go to the Organic Spa Dining where you can enjoy healthy grub to complete your experience. • RUNI INDRANI

